

Black Bean Hummus

INGREDIENTS

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15 oz. can of black beans
Juice of 1 lime
2 to 3 tbsp olive oil
1 tsp cumin
1/2 tsp chile powder
Sea salt & pepper to taste
1 garlic clove

INSTRUCTIONS

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Drain and Rinse beans.
Add all ingredients to blender or food chopper and blend until smooth.

Serve with tortilla chips or fresh cut veggies.

For more recipes visit www.chileylimon.com





Chile y Limon